# Complete Summary

#### TITLE

Migraine headache: percentage of migraine sufferers with treatment plans for mild, moderate and severe headaches.

## SOURCE(S)

Institute for Clinical Systems Improvement (ICSI). Migraine headache. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2003 Jul. 68 p. [124 references]

#### Brief Abstract

#### **DESCRIPTION**

This measure assesses the percentage of migraine sufferers with treatment plans for mild, moderate and severe headaches.

### **RATIONALE**

The priority aim addressed by this measure is to increase the rate of treatment plans or adherence to plan for mild, moderate, and severe headaches for migraine sufferers.

## PRIMARY CLINICAL COMPONENT

Migraine headache; treatment (pharmacological, adjunctive)

## DENOMINATOR DESCRIPTION

All patients age 12 and older who had an encounter with the medical group in the past month for migraine headache

## NUMERATOR DESCRIPTION

Number of records reviewed with any evidence of treatment plans for mild, moderate and severe headaches to include:

- pharmacological treatment
- adjunctive therapy

### **Evidence Supporting the Measure**

PRIMARY MEASURE DOMAIN

**Process** 

SECONDARY MEASURE DOMAIN

Not applicable

EVIDENCE SUPPORTING THE MEASURE

A clinical practice guideline or other peer-reviewed synthesis of the clinical evidence

## NATIONAL GUIDELINE CLEARINGHOUSE LINK

Migraine headache.

## Evidence Supporting Need for the Measure

## NEED FOR THE MEASURE

Unspecified

#### State of Use of the Measure

STATE OF USE

Current routine use

**CURRENT USE** 

Internal quality improvement

#### Application of Measure in its Current Use

CARE SETTING

Physician Group Practices/Clinics

PROFESSIONALS RESPONSIBLE FOR HEALTH CARE

Physicians

LOWEST LEVEL OF HEALTH CARE DELIVERY ADDRESSED

**Group Clinical Practices** 

### TARGET POPULATION AGE

Age greater than or equal to 12 years

## TARGET POPULATION GENDER

Either male or female

## STRATIFICATION BY VULNERABLE POPULATIONS

Unspecified

## Characteristics of the Primary Clinical Component

#### INCIDENCE/PREVALENCE

Migraine headaches affect an estimated 23 million Americans, with 11 million experiencing significant headache-related disabilities. Migraines affect about 17% of American women and 6% of American men. Headache sufferers may not only be incapacitated at work, but also in family and social functions.

## EVIDENCE FOR INCIDENCE/PREVALENCE

Institute for Clinical Systems Improvement (ICSI). Migraine headache. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2003 Jul. 68 p. [124 references]

## ASSOCIATION WITH VULNERABLE POPULATIONS

Unspecified

## **BURDEN OF ILLNESS**

See the "Incidence/Prevalence" field.

## **UTILIZATION**

Unspecified

## COSTS

Migraines have an economic impact through significant losses in productivity as well as through health care costs. The cost in dollars is probably somewhere between \$1.4 billion and \$17.2 billion. For an estimated 6,196,378 migraine sufferers who work outside the home, lost productivity is approximately \$1.4 billion a year, with 1.4 to 4.0 days lost annually. Employers lose \$5.6 to \$17.6 billion annually in production. For an estimated 648 migraineurs surveyed, the total annual medical expenditure was \$529,199. This figure includes emergency room visits, general medical attention, specialists, hospitalizations, and prescription and over-the-counter medications.

#### **EVIDENCE FOR COSTS**

Institute for Clinical Systems Improvement (ICSI). Migraine headache. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2003 Jul. 68 p. [124 references]

## Institute of Medicine National Healthcare Quality Report Categories

**IOM CARE NEED** 

Living with Illness

IOM DOMAIN

Effectiveness

#### Data Collection for the Measure

#### CASE FINDING

Users of care only

## DESCRIPTION OF CASE FINDING

Patients age 12 years and older with migraine headache

Each month, a sample of patients with migraine headache seen in the past month is identified. A chart abstraction is conducted to determine whether or not there is any evidence of a documented treatment plan defining medication and adjunctive therapy for treatment of mild, moderate and severe migraine.

Suggested data collection time frame is monthly.

## DENOMINATOR SAMPLING FRAME

Patients associated with provider

DENOMINATOR (INDEX) EVENT

Clinical Condition Encounter

## DENOMINATOR INCLUSIONS/EXCLUSIONS

## Inclusions

All patients age 12 and older who had an encounter with the medical group in the past month for migraine headache

Exclusions Unspecified

## NUMERATOR INCLUSIONS/EXCLUSIONS

## Inclusions

Number of records reviewed with any evidence of treatment plans for mild, moderate and severe headaches to include:

- pharmacological treatment
- adjunctive therapy

Exclusions Unspecified

## DENOMINATOR TIME WINDOW

Time window is a fixed period of time

NUMERATOR TIME WINDOW

Fixed time period

DATA SOURCE

Medical record

LEVEL OF DETERMINATION OF QUALITY

Individual Case

PRE-EXISTING INSTRUMENT USED

Unspecified

#### Computation of the Measure

**SCORING** 

Rate

INTERPRETATION OF SCORE

Better quality is associated with a higher score

ALLOWANCE FOR PATIENT FACTORS

Unspecified

## STANDARD OF COMPARISON

Internal time comparison

### **Evaluation of Measure Properties**

#### EXTENT OF MEASURE TESTING

Unspecified

## Identifying Information

#### ORIGINAL TITLE

Percentage of migraine sufferers with treatment plans for mild, moderate and severe headaches.

## MEASURE COLLECTION

Migraine Headache Measures

## DEVELOPER

Institute for Clinical Systems Improvement

### **ADAPTATION**

Measure was not adapted from another source.

## RELEASE DATE

2003 Jul

### MEASURE STATUS

This is the current release of the measure.

## SOURCE(S)

Institute for Clinical Systems Improvement (ICSI). Migraine headache. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2003 Jul. 68 p. [124 references]

### MEASURE AVAILABILITY

The individual measure, "Percentage of migraine sufferers with treatment plans for mild, moderate and severe headaches," is published in "Health Care Guideline: Migraine Headache." This document is available from the <a href="Institute for Clinical Systems Improvement">Institute for Clinical Systems Improvement (ICSI)</a> Web site.

For more information, contact ICSI at, 8009 34th Avenue South, Suite 1200, Bloomington, MN 55425; phone: 952-814-7060; fax: 952-858-9675; Web site: www.icsi.org; e-mail: icsi.info@icsi.org.

#### NQMC STATUS

This NQMC summary was completed by ECRI on April 28, 2004.

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